



Shri Laxmi Narayan Nrityashram Sanstha

Bhatkhande Sangit Vidyapith (Kathak Dance)

VISHARAD PART I - PRACTICAL

M.M.-200

A. Trital

- (1) One advance Tatkar variety with atleast ten variations.
- (2) Thata.
- (3) One Chatusrajati Amad.
- (4) One Tisrajati Amad.
- (5) Two Paramelue Tukdas.
- (6) Two Natawari Tukdas.
- (7) Four Parans (Two sada and two chakradar).
- (8) Tatkar in Tigun and Chaugun Layas and increase in speed of Tatkar.
- (9) Two advance Gats of Nikas and simple Holi and Govardhan Leela Gats.

B. Dhamar

- (1) One Amad.
- (2) Four Tukdas.
- (3) Two simple Parans.
- (4) Two Chakradar Parans.
- (5) Four Tihais.

C. Chautal

- (1) Tatkar in Bardar, Dugun and Chaugun Layas.
- (2) Rang March Ka Tukda.
- (3) Four simple Tukdas.
- (4) Two simple Paran and one Chakradar Paran.
- (5) Two Amads.
- (6) Four Tihais.
- (7) Padhant of all the Bols learnt.



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VISHARAD PART I - THEORY

M.M.-100

Revision of the Previous Course.

- (1) Mudras denoting the Dieties according to Abhinaya Darpan.
- (2) Mudras denoting castes as given in Abhinaya parts.
- (3) Explanation of Abhinaya and its four parts.
- (4) Elementary knowledge of the Nine Rasas and their application in dance.
- (5) The following combined hand mudras –
Anjali, Kapota, Karkat, Swastik, Dola, Pushpaput, Utsanga, Shivalinga, Katakavardhan, Kartari, Swastik, Shakat, Shank and Chara Hastas.
- (6) Knowledge of the following terms –
Adi, Kaudi Biadi, Ksak, Haav-Bhava, Mukh Bhava, gat Nikas and Chhand.
- (7) Basic knowledge of the following Talas –
Deepchandi, Jhoomra, Sawari, Matta, Ashta-Mangal.
- (8) Like sketches of the following Talas –
Jayalal, Sunder Prasad, Madam Menaka, Narain Prasad.
- (9) Ability to write in notation all the Talas and Boles learnt.